

Subject on how to predict the Corona Virus

1. INFECTION PREVENTION

- 1) Wash hands with alcohol for disinfection
- 2) Rest well and have enough nutrition to increase resistance
- 3) Avoid non-urgent and unnecessary exits
- 4) When leaving home, avoid (train, bus, taxi, the use of airplanes), and where there are many people (wear a mask).
- 5) Have ventilation inside the house

2. SUSPECTED OF BEING INFECTED

- 1) If you are not feeling well, before going to work, measure your body temperature
- 2) Fever, virus infection (including influenza) inform the company
- 3) For those with a fever above 37.5. Observation note regarding work (according to the instructions of the Ministry of Health and Labor)
- 4) Consultation • Estimated hospital consultation (Announced by the Ministry of Health and Labor)

Symptoms ①cold symptoms with fever above 37.5
②Soft body and severe shortness of breath



The①above 4 days,if it is the②elderly,people with basic diseases,
Pregnant women etc.The①after 2 days,and if you have②



For people who have returned • Call the consultation center
Everyone who returned to Japan • Personal contact clinic

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou_iryuu/covid19-kikokusyassessyokusya.html



Visit a recommended medical institution

3. NEW NEWS ABOUT THE CORONA VIRUS

- Corona virus infectious disease (ministry of health and work, website)

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00001.html

Regarding Q & A corona virus infectious disease

Consultations by phone in public health centers • all states

